

Coaching transitions:

My very first entry. I've never blogged/bawled or otherwise shared like this in a public forum. It's a little intimidating simply because I am used to my privacy so this will be a good stretch.

I'm an organization development consultant and one of my favorite aspects of the job is to provide development coaching to business executives and professionals. Today is a little bittersweet as it was the formal conclusion of a coaching relationship with one of my favorite clients. Actually, all of my clients are my favorite in their own way. That's what makes the work so fun.

I've been meeting with this particular woman for almost a year and it's been immensely enjoyable in many respects. We've focused on ways that she can leverage her strengths as a leader and along the way have shared many intimacies. I always feel more than a bit grateful for all that I learn from my coachees, never mind what they pick up along the way from me. With today being our last session I realize it's time for her to move on to the next phase of whatever is in store for her. I also know that we will continue to work together in other regards. I'm going to facilitate a teambuilding event for her team in a few weeks.. Ah, but I know it's not the same. And maybe that is what makes it so precious.